

Consent for Treatment

I. Policy

The SHC will obtain consent for treatment of any student/patient scheduled for an appointment. This policy will outline the procedures for consent for students over the age of 18 as well as minors under the age of 18. Consent for both medical and mental health services is to be addressed at the time such care is initiated. The policy also addresses circumstances when a minor student can claim an exemption to the requirement for parental consent.

II. Procedure

Specified consents should be obtained in the manners listed below:

A. Emergency Treatment or Abuse/Neglect suspected

1. In the event of a medical emergency, the SHC staff should immediately render care regardless of consent status.
2. In the case of suspected abuse or neglect of a minor, the medical staff may complete an initial assessment and the need for consent to provide additional treatment will be determined by the treating provider and medical director.

B. General Medical Consent

Any student/patient over the age of 18 will complete an electronic consent for treatment in the EHR at the time of self-check in. General medical consent should be renewed by the patient annually.

C. Consent for Mental Health Treatment

Signed consent for treatment for mental health conditions should be obtained at the time a student/patient presents for treatment and/or evaluation of a mental health condition. The consent to mental health treatment should be renewed by the patient annually.

D. Minor Consent Exceptions

1. In accordance with Texas Family Code, a minor can claim exemption from the requirement for parental consent under the following circumstances if the minor is at least 16 years of age and:
 - a. on active duty with the US military services,
 - b. pregnant,
 - c. the parent of a child and have custody of that child, or
 - d. resides separate and apart from parents or guardian and managing own financial affairs regardless of source of income.
2. In accordance with Texas Family Code, a minor who would otherwise need parental consent for treatment can claim an exemption from the requirement of parental consent for the following treatment conditions:
 - a. Suicide prevention,
 - b. Sexual abuse,
 - c. Physical abuse,
 - d. Emotional abuse,
 - e. Possible STI,

- f. Possible contagious diseases that is required by law to be reported to the Department of State Health Services (DSHS) per section 81.041, Health and Safety Code.
3. At the time of self-check in, any student under the age of 18 who does not already have a signed parental/guardian consent for treatment in the electronic health record will be provided with a minor consent exceptions form to complete.
4. If the minor student does not already have a signed parental/guardian consent for treatment in the electronic health record and does not claim any approved exemptions, the front office will assist the minor student in obtaining signed parental/guardian consent.

III. Attachments

1. [Allergy Shot Consent](#)
2. [Consent for Injections Ordered by Outside Physicians](#)
3. [Consent for the Medical Treatment of a Minor](#)
4. Consent for Procedures
5. [Consent to Treat for Mental Health with Dr Hill](#)
6. [Depo-Provera Consent](#)
7. Ear Lavage Procedure Consent
8. [Informed Treatment Decision](#)
9. [Nuvaring Consent](#)
10. [Oral Contraception Consent](#)
11. [Plan B Informed Consent](#)
12. [Pregnant Patient Consent to Treat](#)
13. [Refusal of Treatment Against Medical Advice](#)
14. [STI Screening Consent and Disclosure](#)
15. Telepsychiatry Consent to Treat

IV. References

1. AAAHC 1.B.1, 10.I.H, 10.I.J
2. Texas Family Code, Section 32.003 and 32.004
www.statutes.legis.state.tx.us/Docs/FA/htm/FA.32.htm
3. [Texas Health and Safety Code, Section 81.041](#)
<http://www.statutes.legis.state.tx.us/Docs/HS/htm/HS.81.htm#81.041>